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## CLAIMS

1. A method for computer-assisted deletion of electronic messages, comprising:

searching content of an outgoing electronic message for date information;

including an expiration date to be sent in addition to said content, said expiration date being related to said date information from said content of said electronic message; and

sending said outgoing electronic message and said expiration date to a recipient.

- 2. The method of claim 1, wherein said searching action is performed on a user-entered portion of said electronic message.
- 3. The method of claim 1, wherein said searching action is performed on an attachment to said user-entered portion of said electronic message.
- 4. The method of claim 1, wherein said expiration date is appended to said electronic message.
  - 5. The method of claim 1, wherein said expiration date is inserted into said message.
- 6. The method of claim 1, additionally comprising said recipient receiving said outgoing message and deleting said outgoing message after said expiration date.
- 7. The method of claim 1, additionally comprising prompting a sender of said outgoing message with said suggested expiration date.

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- 8. The method of claim 7, additionally comprising receiving a confirmation that a sender of said outgoing message accepts said expiration date.
- 9. A method for the computer-assisted deletion of an electronic message in a computer that receives said electronic message, comprising:

searching said received electronic message for a date, said date being present within the content of said received electronic message;

prompting a user with a suggested expiration date for said received electronic message; and

deleting said received electronic message after said suggested expiration date has passed.

- 10. The method of claim 9, further comprising a receiving computer user accepting said expiration date for said received electronic message.
- 11. The method of claim 9, wherein said searching further comprises searching a portion of said received electronic message that has been input by the sender of said electronic message.
- 12. The method of claim 9, wherein said searching further comprises searching at attachment to said received electronic message.
- 13. The method of claim 9, wherein said expiration date is offset from said date by a predetermined amount.
  - 14. A system for the computer-assisted deletion of date-sensitive messages in an electronic messaging program, comprising:

an input device that conveys inputs from a user to a processing unit; an electronic messaging program that runs on said processing unit, said electronic messaging program allowing the user to construct electronic messages based on inputs from said input device; and

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an auto-searching module that searches within said electronic message for date information, said auto-searching module also suggesting an expiration date of said electronic message based on said date information.

- 15. The system of claim 14, wherein said electronic messaging program also allows said user to include an attachment in said electronic message, and wherein said auto-searching module additionally searches within said attachment for said date information.
  - 16. The system of claim 17, wherein said input device is a keyboard.
- 17. A system for the computer-assisted deletion of date-sensitive messages in an electronic messaging program, comprising:

an electronic messaging program that runs on a processing unit, said electronic messaging program receiving electronic messages from a sender; and

an auto-searching module that searches said electronic messages for date information, said auto-searching module suggesting an expiration date based on said date information.

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18. The system of claim 17, wherein said auto-searching module additionally stores a second electronic message if said second electronic message includes an expiration date that has been accepted by the sender of said second electronic message.

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- 19. The system of claim 17, wherein said processing unit deletes said electronic message after said expiration date has passed.
- 20. The system of claim 17, wherein said auto-searching modulesearches for date information within an attachment included within said electronic message.